



# Volunteer Knitting

We are extremely grateful to our volunteer knitters and sewers for the time and effort taken in making baby clothing and blankets.

## Important Notes

- Please follow the specified patterns approved by our healthcare specialists at King Edward Memorial Hospital.
- Unfortunately, we cannot use garments made from unapproved patterns in our special care nurseries but are happy to take them in our hospital shops to raise funds for research.
- Wool can be provided upon request.

**Thank you for supporting King Edward Memorial Hospital and the Women and Infants Research Foundation!**

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## V Neck Cardigan Pattern

### Materials

Patons Big Baby 4 ply, 100 gram balls  
Small and medium sizes should get 2 garments out of 1 ball  
Needles 2.75mm and 3.25mm  
Buttons 4 - 15 mm or 1 ½ cm (small & medium)

### Please note

We would like you to try the special cast on method noted at the bottom of the last page as this would make it easier for nurses to keep tiny fingers from getting entangled. It should also be noted that all seams be kept as flat as possible, we suggest that they be sewn using the mattress stitch.

This pattern has been designed especially for King Edward Memorial Hospital special care nursery and need to be plain e.g. no patterns with lacy holes, although cables, moss stitch or stripes will be accepted.

### BACK

Using 2.75 mm needles and 4 ply wool, cast on 51 sts, using the method on the last page.

1st row (right side) - K1, \*P1, K1, rep from \* to end.

2nd row - P1, \*K1, P1, rep from \* to end.

Rep. these 2 rows 5 times more.

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(continued) Change to 3.25 mm needles and work in a st st (1 row K, 1 row P) starting with a K row until back measures 10cm from beginning ending with a P row.

### Shape Armholes

Cast off 2 sts at beg of next 2 rows.

1st row - K1, s1, K1, pssso, K to last 3 sts, K2 tog, K1.

2nd row - P to end.

3rd row - K to end.

4th row - P to end.

Rep these 4 rows to 39 sts, ending with 2nd row.

Next row - K1, S1, K1, pssso, K to last 3 sts, K 2 tog, K1.

Next row - P to end.

Rep these 2 rows to 23 sts, ending with a P row.

Cast off these sts.

### SLEEVES

Using 3.25 mm needles, cast on 31 sts using the method on last page.

1st row - K1, P1 to end.

2nd row - P1, K1 to end.

Repeat these two rows once more, making tiny rib for easy hand insertion.

Continue with 3.25 mm needles. Work in st st. starting with a K row, inc. 1 st at each end of 5<sup>th</sup> and every following 4<sup>th</sup> row to 43 sts.

Continue without shaping until sleeve measures 13cm from beginning, ending with a P row.

### Shape Top

Next row - Cast off 2 sts at beginning of next 2 rows.

Next row - K1, s1, K1, pssso, K to last 3 sts, K2 tog K1.

Next row - P to end.

Rep these 2 rows to 9 sts ending with a P row

Cast off sts.

### LEFT FRONT

Using 2.75 mm needles, cast on 31 sts using the method on the last page. Work 4 rows in rib as given for back.

Boys sizes only:

Buttonhole row. Rib to last 4 sts, yarn fwd, K2 tog, rib 2.

Boys and girl sizes:

Cont in rib until 11 rows have been worked.

Next row. Rib and slip 9 sts onto a safety pin, rib to end. 22 sts.

Change to 3.25 mm needles and work in a st st, starting with a K row until front measures same as back to shape armholes, ending with a P row.

Shape armhole and front edge

Next row. Cast off 2 sts, K to end.

Next row. P to end.

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(continued)

1st row. K, s1 1, K1, pss0, K to last 2 sts, K2 tog.

2nd row. P to end.

\*\*Cont dec at armhole edge on 3<sup>rd</sup> and every foll 4<sup>th</sup> row as set.

AT THE SAME TIME dec 1 st at neck edge on 4<sup>th</sup> and every foll 5<sup>th</sup> row to 13sts, ending with a P row.

Cont dec at neck edge as before AT THE SAME TIME dec 1 st at armhole edge on next and every foll alt row to 3 sts, ending with a P row. Keeping neck edge straight, cont dec at armhole edge as before to 2 sts, ending with a P row.

Next row. K2 tog and fasten off.\*\*

## RIGHT FRONT

Using 2.75 mm needles, cast on 31 sts using the method on last page and work 4 rows in rib as given for back.

Girls sizes only:

Buttonhole row. Rib 3, yarn fwd, K2 tog, rib to end.

Boys and girls sizes:

Cont in rib until 11 rows have been worked.

Next row. Rib to last 9 sts, slip these sts onto a safety pin. 22sts.

change to 3.25 mm needles and work in st st, starting with a K row until front measures same as back to shape armholes, ending with a K row.

Shape Armhole and front edge

Next row. Cast off 2 sts, P to end.

Next row. K2 tog, K to last 3 sts, K2 tog, K1.

Next row P to end.

Work from \*\*to\*\*given for left front.

## BUTTON BORDER

Join raglan seams using the method on last page. Using 2.75 mm needles, rib across 9 sts at right front for boys sizes or left for girls sizes.

Cont in rib until border is of sufficient length when slightly stretched to fit up front edge and halfway across back neck. Cast off in rib. Sew border in position. Place markers for 3 buttons, 1st to match buttonhole already made and the 3<sup>rd</sup> 1cm below 1st front dec. Space rem 1 button evenly between.

## BUTTONHOLE BORDER

Using 2.75 mm needles, rib across 9 sts for other front.

Work to match button border, making buttonholes to match markers on rs rows as before. Sew border in position, joining at back neck.

## MAKE UP

Join side and sleeve seams using the method on last page. Sew on buttons.

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## CASTING ON IN RIB

This method uses a pair of needles, and is suitable only for K1, P1 rib.

Make a slip loop and place on left-hand needle. Insert right-hand needle in loop purlways, purl a stitch and slip onto left-hand needle (taking care not to twist the st). \*\*Insert right hand needle knitways between last 2 sts and knit a stitch, slip the stitch onto left-hand needle, insert right-hand needle purlways between last 2 sts and purl a stitch, slip the stitch made onto left-hand needle. Repeat from \*\* for required number of stitches.

Knit Stitch



Purl Stitch

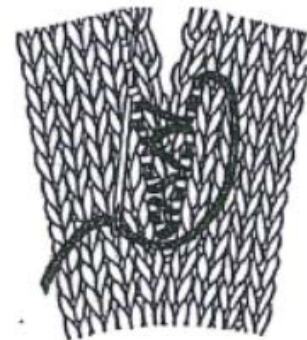


## MATTRESS STITCH

This seam will give your handknit a professional finish. Even if you have always used backstitch or oversewn seams, try this method and you will be surprised how easy it is and how much better the seams look and feel.

Mattress stitch should be worked one whole stitch from the edge. It can even be worked on shaped edges -as you are working from the right side, it is easy to see where you are and to keep the seam neat and straight.

When starting, leave a long edge which can be secured by running it back along the edge when the seam is completed. If the seam needs to be undone, simply pull this end, drawing the yarn through the stitches.



1. With right side facing you, lay the two pieces to be joined flat and edge to edge. Thread a knitter's needle and insert the needle between the edge stitch and the second stitch on the first row. Pass the needle under two rows, then bring it back through the front.

2. Return to the opposite side and, working under two rows at the same time throughout, repeat this zigzag action always taking the needle under the strands that correspond exactly to the other side, and going into the hole that the last stitch on that side came out of, taking care not to miss any rows.

The mattress stitch stitching should be elastic without being loose - while working, keep yarn held firm, not pulling sts too tightly.