

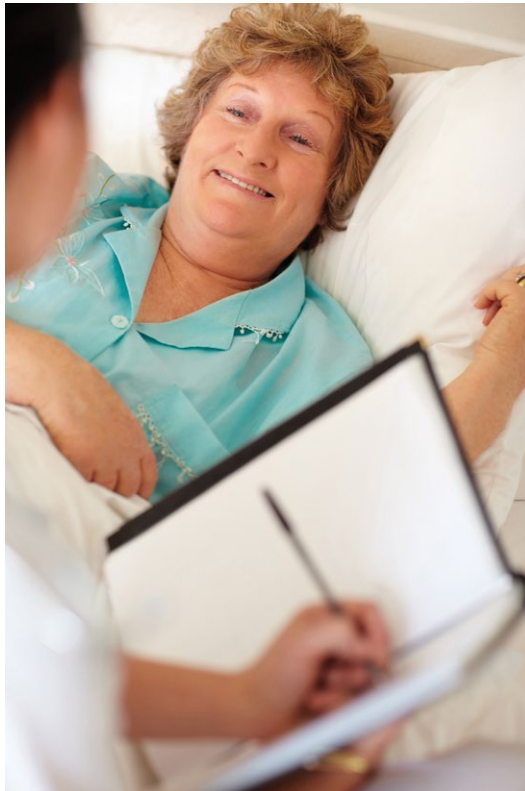
Ovarian Cancer Prognosis and Lifestyle Study (OPAL)

Research overview

This unique study will follow a national cohort of women newly diagnosed with ovarian cancer to identify whether potentially modifiable lifestyle choices including physical activity, diet and medication use are associated with recurrence and survival. The evidence generated will inform print/electronic resources for women diagnosed with ovarian cancer and their families. If important factors are identified, this will pave the way for randomised trials while the data and samples collected will form a valuable resource for future ovarian cancer research.

Early analysis has shown a spread of patient reported Symptom Scores ranging from significant adverse symptoms to minimal symptoms during chemotherapy. However most women have few symptoms 3 months after finishing chemotherapy.

Recruitment has been completed and questionnaire and clinical data collection continues across Australia. Western Australia data is now collected by QIMR staff since Melanie Mosey left the position of research nurse for this project. Our thanks to Melanie for hard work and wish her all the best for the future.



THE TEAM

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