

# Volunteer Knitting

We are extremely grateful to our volunteer knitters and sewers for the time and effort taken in making baby clothing and blankets.

## Important Notes

- Please follow the specified patterns approved by our healthcare specialists at King Edward Memorial Hospital.
- Unfortunately, we cannot use garments made from unapproved patterns in our special care nurseries but are happy to take them in our hospital shops to raise funds for research.
- Wool can be provided upon request.

**Thank you for supporting King Edward Memorial Hospital and the Women and Infants Research Foundation!**

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## Booties Pattern

### Materials

4 ply acrylic yarn  
Knitting needles

### Instruction

Using 4 ply yarn and 3mm needles cast on 28, 32 or 36 stitches.

1<sup>st</sup> and alternate rows knit.

2<sup>nd</sup> row knit into the front and back of first stitch, K 12, 14 or 16. Knit into the front and back of the next two stitches K 12 14 or 16. Knit into the front and back of last stitch.

4<sup>th</sup> row knit into the front and back of first stitch K 14 16 or 18. Knit into the front and back of the next two stitches K 14 16 or 18. Knit into the front and back of last stitch.

6<sup>th</sup> row knit into the front and back of first stitch K16 18 or 20. Knit into the front and back of the next two stitches K 16 18 or 20. Knit into the front and back of last stitch.





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*(continued)*

8<sup>th</sup> row knit into the front and back of first stitch K 18 20 or 22. Knit into the front and back of the next two stitches K 18 20 or 22. Knit into the front and back of last stitch.

10<sup>th</sup> row knit into the front and back of first stitch K 20 22 or 24. Knit into the front and back of the next two stitches K 20 22 or 24. Knit into the front and back of last stitch 52 stitches and 56 stitches.

## Shape Instep

1<sup>st</sup> row K 28 30 (34 and 36) S1 K1, PSSO turn.

2<sup>nd</sup> row K 8 10 (12 and 14) S1 K1 PSSO, turn.

Repeat second row until 31 35 (39 and 43) stitches remain. Knit to the end of the row.

Using 2.75mm needles knit 1 purl 1 plain for 15 17 or 20 rows.

Cast off loosely in rib.

Sew seams together to form a sock.