

Volunteer Knitting

We are extremely grateful to our volunteer knitters and sewers for the time and effort taken in making baby clothing and blankets.

Important Notes

- Please follow the specified patterns approved by our healthcare specialists at King Edward Memorial Hospital.
- Unfortunately, we cannot use garments made from unapproved patterns in our special care nurseries but are happy to take them in our hospital shops to raise funds for research.
- Wool can be provided upon request.

Thank you for supporting King Edward Memorial Hospital and the Women and Infants Research Foundation!

Leggings Pattern

Materials

4ply acrylic yarn
Knitting needles

Right Leg

With 3mm needles cast on 55(63-71) sts and work in rib as fol:

1st row: K1, *p1, k1; rep from * to end.

2nd row: P1, *k1, p1; rep from * to end.

Rep these 2 rows twice more.

Next row: K1, *m1, k2tog; rep from * to end.

Work 3 more rows rib. (10 rows rib in all).

With 3 ¾ mm needles work 6 rows st st, first row k and dec one st in centre of first row. 54(62-70) sts.

+Shape Back

1st row: Work to last 11 sts, turn.

2nd row and all alt rows: Sl 1, work to end.

3rd row: Work to last 21 sts, turn.

5th row: Work to last 31 sts, turn.

7th row: Work to last 41 sts, turn.

8th row: Sl 1, work to end.

Work 6 rows without shaping. Cont in st st inc one st at each end of the next and every fol 8th (8-9) row until there are 66(74-82) sts. Cont straight until work measure 20(22-23) cm measure at shorter (front) edge. Mark this point.



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Shape Leg

Cast off 2 (2-3) sts at beg next 2 rows. Dec one st at each end of the next and every fol alt row until 38(46-56) sts rem, then dec each end of every 3rd row until 34(36-38) sts rem. Cont until work meas 13(16-20) cm from marked point, ending with a W.S. row +

Divide for Foot

Next row: Work 28(29-30) sts, turn.

Next row: Work 18 sts, turn.

Cont in st st on these 18 sts for 14(18-22) rows. Break yarn and rejoin to inside edge of 10(11-12) sts left on needle, then with R.S. facing pick up and k9(11-13) sts alongside of foot, work across 18 sts on needle, pick up and k9(11-13) sts along other side of foot and k across rem 6(7-8) sts. 52(58-64) sts. With 3mm pins work 9 rows garter st (every row k).

Shape Foot

1st row: K3, k2tog, k1 8(21-24) sts, k2tog, k2, k2tog, k18(21-24) sts, k2tog, k3

2nd row: K.

3rd row: K2, k2tog, k17(20-23) sts, k2tog, k2, k2tog, k17(20-23) sts, k2tog, k2.

4th row: K.

5th row: K1, k2tog, k16(19-22) sts, k2tog, k2, k2tog, k16(19-22) sts, k2tog, k1. Cast off.

LEFT LEG

With 3mm needles cast on 55(63-71) sts and work the 10 rows rib as Right Leg

With 3 ¾ mm needles work 7 rows st st, first row k, and dec one st in centre of first row, fin with a R.S. row. 54(62-70) sts.

Work as given for Right Leg from + to +.

Divide for Foot

Next row: Work 24(25-26) sts, turn.

Next row: Work 18 sts, turn.

Cont in st st on these 18 sts for 14(18-22) rows. Break yarn and rejoin to inside edge of 6(7-8) sts left on needle, then with R.S. facing pick up and k9(11-13) sts alongside of foot, work across 18 sts on needle, pick up and k9(11-13) sts along other side of foot and k across rem 10(11-12) sts. 52(58-64) sts. With 3mm pins work 9 rows garter st (every row k).

Shape Foot

Work as for Shape Right Foot.

MAKE UP

Press st st parts lightly on W.S. with a warm iron over a damp cloth. Join front, back and leg seams. Commencing at centre of dec of toe, join foot seam, fin at centre of dec of heel, thus swinging leg seam to inside of heel. Thread elastic or cord through waitsband. Press all seams on W.S. Extremely light pressing only for acrylic / nylon yarn - may not need pressing at all.